

# Huron Shores Recreation Centre



## Exercise Equipment (Commercial Grade)

Bodycraft 4 Station Universal  
Power-Plate Vibration Machine  
Concept 11 Rowing Machine  
Vision Fitness Elliptical  
Octane Seated Elliptical  
3 - Vision Fitness and Bodyguard Treadmills  
Tuff Stuff Stack Weights  
Tuff Stuff Olympic Bench Press  
2 - Bodyguard Recumbent Bicycles  
Free Weights (Curl and Dumbbells)  
VCR and DVD Workouts