# **Community Safety and Well-Being Local Resources**

The Corporation of the Town of Thessalon, The Corporation of the Municipality of Huron Shores, The Town of Blind River, The Township of The North Shore and The Corporation of the Town Of Spanish.

## **Blind River**

**Blind River Hospital (North Shore Health Network)** – 525 Causley Street, (705) 358-2265 **Huron Shores Family Health Team** – 527 Causley Street, (705) 356-1666

#### Benbowopka Treatment Centre – 144 Causley Street, (705) 356-1681

- -Federal Residential Treatment
- -Provincial Residential Treatment

## CMHA (Canadian Mental Health Association) – 9 Lawton Street, (705) 759-5989

- -Case Management/Supportive Counselling
- -Community Treatment Order (CTO)
- -Outpatient Counselling
- -Support Within Housing

## Counselling Centre of East Algoma – 1 Industrial Place (Lakewood Place), 705-848-2585

- -Adult Community Treatment
- -Crisis Counselling
- -General Counselling
- -Senior Community Treatment
- -Sexual Assault Program
- -Support Services for Male Survivors
- -Violence Against Women
- -Youth Community Treatment

### Health Sciences North – Blind River – 525 Causley Street, (705) 848-9131

- -Counselling and Treatment Services
- -Perinatal Mental health Program

Algoma Family Services – Blind River phone number (750) 356-1673

## **Thessalon**

Hospital (North Shore Health Network Thessalon) – 135 Dawson Street, (705) 842-2014 Thessalon Medical Clinic – 240 Main St, (705) 842-2905 The North Channel Nurse Practitioner Led Clinic – 135 Dawson St, (705) 842-9898

## **Bruce Mines**

Central Algoma Health Centre – 9242 Hwy 17, (705) 785-3495

# **Elliot Lake**

Hospital (St. Joseph General Hospital) – 70 Spine Road, (705) 848-7181 Family Health Centre – 8 Charles Walk, (705) 848-8955 Elliot Lake Family Health Team – 31 Nova Scotia Walk, (705) 461-8882

#### Algoma Family Services – 31 Manitoba Road, (750) 945-5050

- -Counselling and Therapy
- -Intensive Treatment Services (ITS)
- -Specialized Consultation and Assessment
- -Tele-Mental Health

## CMHA (Canadian Mental Health Association) – 31 Nova Scotia Walk, 3rd Floor, (705) 759-5989

- -Case Management
- -Community Treatment Order (CTO)
- -Out Patient Counselling
- -Support Within Housing
- -Algoma Consumer Survivor Network
- -Central Access and Information

## Counselling Centre of East Algoma – 9 Oakland Blvd (Oak's Centre), (705) 848-2585

- -Adult Community Treatment
- -Community Support Worker Program
- -Crisis Counselling
- -General Counselling Program
- -Partner Assault Response Program (PAR)
- -Public Educator
- -Senior Community Treatment
- -Sexual Assault Program
- -Support Services for Male Survivors
- -Violence Against Women
- -Youth Community Treatment

#### Health Sciences north – Elliot Lake – 31 Nova Scotia Walk, (705) 848-2879

- -Counselling and Treatment Services
- -Perinatal Mental Health Program

## North Shore Community Support Services – 10 Paris Drive, (705) 848-2879

- -Club 90
- -Senior's Mental health Community Consultation Program

Camilus Centre – at Oak's Centre – 9 Oakland Blvd, (705) 848-2129 Ext 3313

- -Adult Residential Treatment Program
- -Adult Residential Treatment Program with fee of service
- -Family Residential program
- -Virtual aftercare Group

## Oak's centre Withdrawal Management - 9 Oakland Blvd, (705) 848-2129 Ext 3314

- -Crisis/Withdrawal
- -Flex beds

Beehive (peer support group) – Elliot Lake, (705) 461-3912

## **Other**

Non-Emergency OPP phone number - 1-888-310-1122

Sault Area Hospital – 705-759-3434

Tele Health Ontario - 1-866-797-0000

Health Care Connect – to sign up for a family doctor – 1-800-445-1822

211 Ontario - 1-877-330-3213

Al Anon - 1-888-425-2666

Alcoholics Anonymous – 705-254-1312

Assaulted Women's Hotline - 1-866-863-0511

Boots on The Ground – 24/7 Peer support for First Responders – 1-833-677-2668

Brain Injury Association – 1-800-263-5404

Canadian Crisis Hotline - 1-888-353-2273

Centre for Addictions and Mental Health (CAMH) – 705-675-1195

Connex Ontario – 24/7 helpline – 1-866-531-2600

Crisis Services Canada - 1-833-456-4566

Drug and Alcohol hotline – 1-800-565-8603

FASD and Groups - 705-541-7101

Hep care Program - 705-541-2235

HIV/AIDS Program - 705-759-5690

John Howard Society Needle Exchange Program – 705-759-1703

Kid's Help Line - 1-800-668-6868

LGBT National Hotline - 1-888-843-4564

Mental Health Healthline – 1-866-531-2600

Narcotics Anonymous – 705-945-1580

National Eating Disorder info Centre – 1-866-633-4220

North East Mental health and Crisis team – 1-866-209-9582

Over Eaters Anonymous – 705-471-6670

Program for Assertive Community Treatment (PACT) at SAH – 705-253-9671

Queer/Trans Alliance – 705-975-0445

SAFE – self harm program – 1-800-366-8288

SAH Crisis Intervention-705-759-3398/1-800-721-0077

SAH Psychiatric Outpatient - 705-759-3434 Ext 4600
SAH Psychiatry/Psychology Services— 705-759-3434
SAH Senior's Mental Health — 705-759-5989
SAH STEP Strategies for Treatment of early Psychosis — 705-759-3434 Ext 4321
SAH Transitional care — 705-759-3434 Ext 4634
Schizophrenia Society of Ontario — 1-800-449-6367
Sexaholics Anonymous — 1-866-424-8777
Smoker's Helpline — 1-877-313-5333
Warm line (Pre-Crisis support) 1-866-856-9276

# **Online Resources**

Bouncebackontario.ca – skill building program through CMHA
mindbeacon.com – therapist led DBT – free to Ontario residents
youthspace.ca – online suicide prevention, education, support 9pm-3am
betterhelp.com – online access to professional counsellors
thelifelinecanada.ca – e-counselling, education, crisis support
togetherall.ca – online anonymous 24/7 peer support all ages
mooddisorders.ca – free support resources, groups
breakingfreeonline.ca – free to Ontario residents, well being and recovery support
good2talk.ca – support services for post-secondary students